



FOGSI: A Journey of Transformation and Commitment -

As I reflect on the transformative journey we've undertaken in the past few months, I am filled with immense pride and gratitude for the remarkable strides we have made.

"Ek Rashtra Ek Mission, Swastha Nari Samruddha Vatan – One Nation, One Mission, Healthy Women, Prosperous Nation – guides us in prioritizing women's health. With Har Ghar FOGSIAN, we move toward a healthier, empowered India, ensuring every woman care, knowledge, opportunities she deserves.

Launched in January 2025, Aarogya Yog Yatra in Tirupati integrated spirituality with medical practice, redefining holistic healthcare. and its expansion in Rishikesh deepened the connection shaping future.

Flagship projects like Sampurna (Swastha Janma Abhiyan) empowers women with knowledge for safe motherhood, while Know Your Numbers collects crucial data for sustainable healthcare policies.

The launch of "Do Teeke Zindagi Ke" on World Cancer Day (4th February 2025) marked a milestone in cervical cancer awareness, promoting HPV vaccination and screening, protecting women nationwide."

Education and knowledge-sharing are vital for our mission, with GSK's support, 100 CMEs were launched to educate all gynecologists on vaccinations, ensuring preventive care tools. Evidence-Based Recommendations (EEBR) provide accessible clinical resources, keeping advancements of FOGSIANS at the forefront.

Presidential Conferences in Andaman, Nagar, the North Zone Yuva FOGSI, G Conference in Pune have driven collaboration with learning in women's healthcare. On Republic Day, Flag Hoisting was done on the land of freedom fighters, with Har Ghar FOGSIAN's commitment to empower women. Physical events were conducted in at Tirupati, Rewari, Bhagalpur, Dhanbad, Amravati, Delhi, Hyderabad, Darjeeling, Chennai, Ranchi, Patna, Loni, Pravara

ETHICAL EVIDENCE BASED RECOMMENDATIONS - EEBR

It is my proud privilege to present *Ethical Evidence-Based Recommendations (EEBR) series*—an endeavor that is close to my heart. Ten meticulously crafted books cover topics like Fibroids, Postpartum Hemorrhage, Endometriosis, Antenatal Surveillance, Induction of Labour, preterm labour, Hypertension in pregnancy, Hyperglycemia in pregnancy, Genetics for Obstetricians and PCOS - key areas of daily practice in Ob Gyn. QR Code

Unlock the EEBR Series eBooks in 3 Easy Steps



1. Scan the QR Code
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After scanning, tap the "Skip to Login" button at the bottom right of the screen.
3. Enter Your FOGSI Credentials
Log in with your FOGSI registered email address and password to unlock the EEBR eBooks.

ETHICAL EVIDENCE-BASED RECOMMENDATIONS EEBR SERIES 2025 by FOGSI



PROJECT: KNOW YOUR NUMBERS :

"Know Your Numbers" project gathers vitals - weight, blood pressure, hemoglobin, blood sugar (with HbA1C) levels-from women across India. It fosters a culture of proactive health management, early identification with timely interventions. FOGSIANS across India have successfully organized camps, promoting awareness, empowering with knowledge and tools for reducing chronic disease with regular monitoring for healthy longer lives.

Data Collection Till Date	21-Mar-25	15-Mar-25	This Week Form Filled
Dr.Manisha Ghate	7182	7072	110
Dr Santvana sharan No to Vaw committee FOGSI	6318	5594	724
Dr Ruby Bhatia	3888	3559	329
Dr Priya Gupta	3768	3623	145
Dr Nibha Mohan	3136	2996	140
Dr. Sunita Tandulwadkar	2792	2742	50
Dr.Kiranmai Devineni	2808	2634	174
Dr Vinita singh	2663	2646	17
Dr Pratibha Singh	2157	2157	0
Dr Rashmi Kahar	2163	1954	209
Grand Total	61690	56729	4961



PROJECT:SAMPOORNA

Prime Your Body: Nurture Your Pregnancy: Empower Your Baby - This Is our Swastha Janm Abhiyan.

Vision for awareness for pre conceptional care & planning pregnancy

- To nurture healthy pregnancies by ensuring every woman is fully prepared before conception
- Optimize vital health parameters - weight, nutrition, hemoglobin levels, blood sugar, thyroid function, promote pre conceptional folic acid and healthy BMI

Mission Statement: To create a future, where every pregnancy is preplanned & safe, and every baby born is healthy, with comprehensive care thereby reducing maternal / neonatal mortality.

**PROJECT: DO TEEKE ZINDAGI KE : CERVICAL CANCER VACCINATION**

This initiative reflects our shared commitment to advancing public health through preventive care. With co-operation from members meaningful progress in cervical cancer awareness and prevention can be done. The program was officially launched with unveiling of logo simultaneously at Pune & Mumbai on 4th February, 2025. Awareness sessions in schools, colleges, public areas, OPDs were conducted in Delhi, Srinagar, Jammu, Amritsar, Ferozpur, Kotkapura Faridkot, Ludhiana, Nabha Chandigarh, Gurugram, Rewari, Lucknow, Bareilly, Jhansi, Gorakhpur, Jaunpur, Allahabad, Kanpur, Ghaziabad, Mathura, Varanasi, Rishikesh, Agra, Kolkata, Sikkim, Gangtok, Cuttack, Patna, Ranchi, Deoghar, Guwahati, Silchar, Raipur, Bhagalpur, Katihar, Darbhanga, Dhanbad, Sitamarhi, Manipur, Mizoram, Berhampur, Siliguri, Mumbai, Nasik, Latur, Bhopal, Gwalior, Ratlam, Katni, Shivpuri, Himmatnagar, Jamnagar, Vadodara, Nonpura, Gandhigaj, Kolhapur, Akulj, Alwar, Bhiwandi, Thane, Akola, Sangli, Anand, Navsari, Patan, Sagar, Pune, Jaipur, Aurangabad, Rewa, Hyderabad, Wanaparty, Vijayawada, Karimnagar, Visakhapatnam, Kakinada, Nalgonda, Medchal, Udupi, Madurai, Chennai, Coimbatore, Dindigul, Trichy, Dharmapuri, Salem, Vellore, Karimnagar, Malanadu, Thrissur, Kasargod, Kottayam, Wayanad, Trivandrum, Namakkal, Puducherry with extensive media coverage. FOGSI's Historic Initiative For Cervical Cancer Elimination in 40 Cities simultaneously: On 4th March, Cervical Cancer Awareness Day, FOGSI reinforced "Do Teeke Zindagi Ke" campaign with nationwide simultaneous CMEs across 40 cities, marking a historic step in cervical cancer elimination. Dr. Sunita Tandulwadkar, FOGSI President, travelled to Lucknow to collaborate with Delhi WPL team, spreading the message of awareness, hope, and prevention with cervical cancer survivors. Remain committed to eliminating cervical cancer. "Swasth Nari, Samruddha Vatan!"

PROJECT: EAGLE (Every Aspiring Gynaecologist Learns Endoscopy: Gynecological endoscopy is vital part of routine medical practice, yet many colleges lack a curriculum for teaching this essential skill. The EAGLE Project (Every Aspiring Gynecologist Learns Endoscopy), founded in 2019 by Dr. Sunita Tandulwadkar during her tenure as IAGE President, addresses this gap. Relaunched with FOGSI in 2025 under Dr. Tandulwadkar's visionary leadership and in collaboration with IAGE, led by President Dr. Atul Ganatra, this initiative is advancing endoscopic education with great enthusiasm.



	Medical college	Faculties	Surgery demonstrated	Gynecologists trained	Days
Jan 25	7	23	33	486	17
Feb 25	14	47	98	694	28
Total	21	70	131	1180	45

Dr Sunita Tandulwadkar
FOGSI President-2025