



Academics and Community Health Activities of FOGSI from June to October 2021 President FOGSI 2021-2022 – Dr. S. Shantha Kumari

“Strength and growth come only through continuous effort and struggle.”

- Napoleon Hill

Dear friends, fellow FOGSIANS,

I feel humbled and truly blessed to be installed as the 60th President of FOGSI in my home City Hyderabad amongst my friends, family, well-wishers, members being present at the Ceremony that took place on 27th June 2021 at HICC. My team and friends from all over India joined and shared my Pride and Joy. It's also with great sense of responsibility and humility I present to you all the activities from July to September 2021 by TEAM FOGSI 2021-2022 under my leadership.

My theme for the year is– FOGSI FOR ALL ALWAYS, DHEERA STOP VIOLENCE AGAINST WOMEN, both very close to my heart.

I presented my vision and mission for the year, Key programmes, initiatives, and important events in the academic and social calendar to be implemented in my tenure in my installation address. We made an attempt to blend in the old with the new, bringing together teams, individuals, organisations working for the same causes onto one stage, platform to discuss strategies and move ahead in all the important issues concerning the health of Women - Prevention of Cancer, Violence against women, anemia, Nutritional deficiencies.

DHEERA my flag ship programme to address VAW, Naipunya skill enhancement for our paramedics, IKSHITA SCREENING OF DISEASES AND CARING FOR OUR CARE GIVERS, were meticulously planned with national and international organisations and partners joining us as stake holders. WHO for DHEERA online school programme and UNICEF for DHEERA obgyns already are partnering with FOGSI for these game changing initiatives. The first FOGSI – FOCUS on Vaginal surgeries was released on the same day.

July 2021 Programs

July 1st, 'National Doctor's Day' commemorates the birthday of Bharat Ratna Dr Bidhan Chandra Roy who served as a physician, a freedom fighter, an educationist, and a politician. It was not just a pleasant Coincidence, but a dedicated effort to plan the very first CME as Dhanwantri Diwas focusing on the wellbeing of doctors. Medical

Profession is becoming increasingly more stressful physically, mentally, emotionally and the added violence against Health Care Workers, and the pandemic itself is causing physician fatigue and burnout.

The sessions focused on Mental Wellness, financial issues, and insurance and how to invest by experts in their respective fields and how Covid pandemic affected the health care workers and medical fraternity. This was an offbeat, much needed and well appreciated program by all our members. Installation Ceremony of ICOG Chairperson & Team on 3rd July 2021 in Mumbai set the tone for the future year for the role of ICOG as the academic wing of FOGSI and as perfect foil for each other in extending the horizons of knowledge research and education

World Population Stabilization Day by FOGSI was in association with Ministry of Health & Family Welfare & WHO India on 11th July 2021, the virtual program was conducted on population- the challenges and solutions, leveraging the demographic dividend, grassroots efforts in Family planning, SRH services during the pandemic, comprehensive abortion care, role of media and communication. Many National and international organisations working in the field partnered with us PFI, ARC, BMGF, FPAI to name some. The initiative by FOGSI to bring everyone together onto the same platform on the day dedicated for the Population won many accolades with everyone agreeing that this is the way forward

FOGSI-Manyata Event - Role of Professional Associations to Meet Maternal Health Sustainable Development Goals 2030 was conducted on July 22, 2021. The Virtual FOGSI National Conference “CEEI 2021” on 25th July 2021 on Controversies in Endometriosis, Endoscopy and Infertility - was diligently designed to address the needs of practicing Obstetricians and Gynecologists. This conference covered controversies related certain topics in Endometriosis, infertility and Endoscopy and brought 3 committees to work together.

22nd & 23rd July 2021 - Launch of Carbetocin as President FOGSI at Belgavi at the KLE University the centre of Champion Trial with Team Obgyn and research wing of KLE and WHO as the Guest of honor for the Launch of Carbetocin. A Heat Stable Molecule to prevent PPH and reduce MMR which could probably be a game changer was launched

August 2021 Programs

Funference - It was a wonderfully conceptualized first of its kind hybrid conference. Grand celebration of friendship day in FOGSI funference at Delhi pride plaza, with unforgettable memories of a Weekend full of enjoyment and entertainment for covid pandemic starved FOGSIANS. It was indeed a wonderful tribute to friendship and a unique feast that was unlike any other academically overloaded conference bringing in the importance of bonding. Amidst all the fun, FOGSIANS didn't forget to walk for DHEERA to stop VAW along with the President and her Team.



FOGSI Celebrated World Breastfeeding Week Celebrations from 1st – 7th August 2021 and conducted LACTACON 2021 – Virtual CME on Breastfeeding in collaboration with UNICEF on 7th Aug 2021 as part of the International Breast-Feeding week celebrations. We partnered with National Neonatology Forum (NNF), Indian Association of Pediatrics (IAP), Trained Nurses Association of India (TNAI) & Breast-Feeding Promoting Network of India (BPNI). There was tremendous response from gynecologists all over India which saw a record number of participations in various competitions that were conducted as part of the campaign.

International Youth Day 2021 celebrated on 12th August 2021 with Chief Guest Mr. Pallela Gopichand, Guest of honour Dr Luigi Aquino UNICEF Chief of Health. The much-awaited address by the Chief Guest Shri Pallela Gopichand, received great applause and appreciation, for the inspiring and motivational messages to the youth for Future Challenges. Ms Poorna Malavath- the youngest woman to ever ascend mount Everest and other youth icons inspired the youth by sharing her experience.

15th August 2021 marked the Launch of New Society of Bhimavaram Obstetrics & Gynecology Society, AP and had the honor of hoisting the National Flag as President FOGSI at Bhimavaram. It rekindled the spirit of patriotism and the urge to rededicate to the cause of Women's health. A program on the strategies to eradicate cancer cervix- Cervical Cancer Mukth Bharat also was organized. *On behalf of FOGSI inaugurated Mission Pink Health Project for Adolescent Girls Health and Awareness Program for School Children by IMA Telangana Executive Committee & Women Doctors Wing.*

On August 20-22, 2021 - FOGSI in collaboration with AFOG and SAFOG organized the WISDOM 2021 Conference Virtually. *Theme- Blending Evidence and Experience into Practice was an excellent academia. Apart from the widely acclaimed academics, professional and meticulous organisation, WISDOM also opened important prospects of partnership on crucial issues with the involvement of AFOG and SAFOG.*

FOGSI Confluence 2021 - on 29th August

Optimizing Obstetric Outcomes- by three committees, led by able Chairpersons practical obstetrics committee, safe motherhood committee, medical disorders committee gave good insight in obstetrics emergencies. The Confluence was worth the efforts with lots of practical useful take home points in day today practice of obstetrics by FOGSIANS.

September 2021: On 3rd & 4th September 2021 - FOGSI in collaboration with FIGO organized the FOGSI - FIGO 2021 Hybrid Conference on Impact on Covid on Women's Health Globally at HICC, Hyderabad. The Conference featured an important session on DHEERA Stop Violence Against Women (VAW). Many stalwarts of FOGSI and FIGO were present to share the knowledge with delegates all over the Globe deliberating on various topics.

The community health care program was done on 4th September 2021- Free Pap smear and Colposcopy checkup camp by Chandrapur Gynecological society Maharashtra along with FOGSI Oncology Committee, WDW IMA Chandrapur and various other Organizations has organized a Free Pap Smear and Colposcopy Check Up Camp in Rural Hospital, Bhadravati. About 100 women were screened, 24 were subjected to colposcopy followed by thermoablation under see and treat which was followed by awareness program for the public emphasizing them the importance of screening and HPV vaccination. About 24 girls got vaccinated in this camp. Chairperson, Oncology committee FOGSI who have come all the way to serve in this camp and enlightening us and the public and starting this vaccination drive.

5th September 2021, I had the honour of delivering Dr. Suneetha Subramanyam Gold Medal Oration, By Tirupati Obstetrics and Gynecology society and SV Medical College and it was a great feeling to be felicitated by my own Telugu state members with such warmth and fondness.

1st to 7th September 2021 - FOGSI Celebrated Adolescent Health Week. Many societies organized awareness campaigns with two PPT modules developed by Adolescent Health Committee. More than 100 societies had Adolescent health awareness programs (AHAP) for students physically and virtually and more than 5000 students attended the AHAP campaigns. Five competitions were organized for FOGSIans: 1) Research paper 2) Skit 3) Poster 4) Slogan 5) Essay on What can I do for adolescents with a huge response to all the competitions.

The opportunity on Teachers Day, 5th September, was taken to felicitate 20 FOGSI Senior Teachers from east, west, north, south zone all over India. On 8th September 2021 - there was a Cord life's CME Webinar on

"Expansion of Hematopoietic Stem and Progenitor Cells in Umbilical Cord Blood."

On 17th September 2021 - FOGSI Celebrated World Patient Safety Day -with theme Respectful Maternal Care by LAUNCHING OF RESPECTFUL MATERNITY CARE by FOGSI Respectful maternity care is a rightful expectation of every woman. Where are we lacking in RMC today? Women either receive "TOO MUCH TOO SOON OR TOO LITTLE TOO LATE" Hence FOGSI planned to launch-RMC in collaboration with WHO and White ribbon alliance. THE COMPONENTS OF RMC are Respect a woman's autonomy, dignity, privacy, confidentiality, feelings, choices, and preferences-like companionship during maternal care and prevent harm and ill treatment. Launch was done at Rainbow hospital Agra physically with virtual participation of FOGSIANS by none other than Honourable minister for state -Law and justice-Prof. S.P. Singh Baghel, who was also the Chief guest.

On 18th September 2021 -a Meeting with SOGOG Societies with Gandhinagar Society at Anand, Gujarat was conducted physically. 19th September 2021 - FOGSI Poshan Abhiyaan was conducted in association with Food & Drug and Medico Surgical Equipment Committee & Endocrinology Committee partnering with UNICEF and NIN the theme being Positive Nutritional Impact on Health. 26th September 2021 - FOGSI Celebrated World Contraception Day: Family Planning in the pandemic and beyond with a Hybrid Conference at Mumbai. Theme was Accelerating efforts to achieve unmet goals!

October 2021: 6th October 2021 - FOGSI PUSHPUTSAV - A floral fest. First day of Batukamma celebrated predominantly in Telangana and some parts of AP, where in Goddess Maha Gauri - 'Life Giver' is worshipped as a beautiful tapestry of floral arrangement in pairs of mother and daughter interestingly. It was celebrated for 9 days symbolizing 9 months of fetal life. This is close to us as our theme has five elements of nature Earth, Fire, Water, Sky and Air which represent the importance of environment in women's life. This is well attended by delegates from different Countries in the World appreciating the concept of celebrating festival of flowers and worship of nature.

17th October 2021 - FOGSI celebrates FOGSI World Menopause Day as REVIVE 2021 Academic initiative. This programme gave a good insight and comprehensive knowledge on MIDLIFE, Menopause and Urogynecological issues in women.

31st October 2021 - "Do you know me enough? - FOGSI Fetus Day was celebrated with a wonderful CME covering all the aspects of Fetal Healthcare and an exciting informative CME. This program included keynote lectures, panel discussion and talks by senior national faculty. There was also a session of "capsules" which included short, crisp fact presentation by young turks of FOGSI. The programme was coordinated by the chairpersons of three FOGSI committees - Fetal Medicine and Genetics committee, Imaging Science committee and Perinatology Committee.

It was heartening to note the gradual transformation from Virtual to hybrid meetings hoping to culminate in the grand Physical AICOG at Indore in January 2022

The next few months, we TEAM FOGSI -2021-2022 have the greatest hopes of making real the Vision of DHEERA- both online school certification programme and the training of OBGYNs for dealing with various aspects of VAW is starting from December, rolling out of Naipunya, and RAC -respectful abortion care and IKSHANA - caring for the care givers and many other academic and social initiatives. I extend my deepest gratitude to each one of you FOGSIAN, without whose cooperation, I cannot take a step forward and I look forward to your heart warming and fullest cooperation you that all of you had extended till now in my journey.

Dear Fogsians with great pleasure I would like to inform you that I am elected as Treasurer, FIGO, first time A FOGSIan is occupying this post. I would like to thank all of you with great humility for being a part of my journey and encouraging me. I would work to the best of my ability to represent FOGSI at this global platform.

S. Shantha Kumari

Dr. S. Shantha Kumari

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