

FOGSI Presidential Inaugural Address

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Respected Professor S. Arulkumaran, President Elect FIGO and chief guest, Dr. T.M. Mahapatra, Director IMS, BHU, Varanasi and guest of honor, Dr. P.C. Mahapatra, immediate Past President of FOGSI, Dr. Mandakini Parihar, Dr. Laxmi Shrikhande, Dr. Prashant Acharya, Dr. Mandakini Megh, Vice Presidents of FOGSI, Dr. Nozer Sheriar, Secretary General FOGSI, Dr. H.D. Pai, Deputy Secretary General, Dr. Parikshit Tank, Jt. Secretary, Dr. Jaydeep Tank, Treasurer FOGSI, Dr. Madhuri Patel, Jt. Treasurer, all outgoing Vice Presidents of FOGSI, Dr. Amod Prakash, Dr. P. Tiwari, Dr. Vibha Mishra, Chairpersons of Organising Committee of AICOG 2012, Dr. Anuradha Khanna, Dr. G.K. Tripathi, Dr. Majari Matah, Dr. Nisha Rani Agarwal, Organizing Secretaries of AICOG, all the other dignitaries on the dais, all the Chairpersons and Members of the Organizing Committee, Past Presidents of FOGSI,

my teachers, International and National Faculty, Mr. Arun Khanna, CEO Emcure Pharma, Pharmaceutical company colleagues, my dear wife, my dear FOGSIans, ladies and gentlemen.

I am humbled and honoured to stand before you today, as I accept the responsibilities and authority associated with becoming the President of FOGSI.

It is a privilege to be here as the President of the largest organization of specialists not only in India, but perhaps in the world.

I will do my level best to uphold all that FOGSI stands for, and I hope, with your help and support, fellow members, to take our organization to ever greater heights.

I am sure this year can be made a memorable one through the infusion of hope and enthusiasm of our young colleagues, as well as with the guidance of our seniors.

My profound heartfelt gratitude to almighty God and to each and every one of you for the great honour which has been bestowed upon me.

A Tribute to My Teachers

“Education is not the filling of a pail but the lighting of a fire” My teachers like the late Dr. B.N. Purandare, Dr. V.N. Purandare, Dr. N.D. Motashaw, late Dr. Sharad Shah, Dr. Sunil Chaubal, Dr. Shirish Daftary, late Dr. Shobha Joglekar, Dr. Indira Hinduja and Dr. Pankaj Teliwala are surely the people who lit the fire in my soul and made me what I am today.

My friend, philosopher and guide, the late Dr. M.Y. Raval, a stalwart in the field of Ultrasonography, was responsible for my selecting Obstetrics and Gynaecology as my career. All I have achieved in the field of ultrasonography is because of him. I salute him for all his patient help and guidance.

The late Dr. C.L. Jhaveri, Dr. M.K. Patel and Dr. M.R. Shah encouraged me enormously in my academic career.

My contributions to FOGSI were greatly aided by my seniors and colleagues at Sion and KEM hospitals.

FOGSI

Vince Lombardi, perhaps the greatest-ever football coach, rightly said, “The achievements of an organization are the results of the combined efforts of each individual.”

FOGSI has grown from strength to strength. We have a national presence and the acknowledgement of the Indian Government and of many important NGOs because of the guidance, perseverance and vision of our past presidents and senior colleagues. They were doyens in the field and shouldered the responsibility gloriously.

During my 14-year journey with FOGSI, via Joint Secretary, Treasurer, Deputy Secretary General and Secretary General’s posts, I learnt a lot about its administration. I thank all the Past presidents Dr. P.C. Mahapatra, Dr. Sanjay Gupte, Dr. C.N. Purandare, Dr. Narendra Malhotra, Dr. Pankaj Desai, Dr. Shyam Desai, Dr. Duru Shah, Dr. Alokendu Chatterjee, Dr. Kamini Rao, Dr. Behram Aukalesaria, Dr. Usha Saraiya, Late Dr. D.K. Tank, Late Dr. Mehroo Hansotia, Dr. Usha Krishna, Late Dr. Vasant Patwardhan, Dr. Shirish Sheth, Late Dr. R.D. Pandit, Dr. M.N. Parikh, Dr. Rohit Bhatt, Dr. R. Rajan and Dr. Sadhana Desai for their continuous support and guidance. Many of you feel a touch of reverence and perhaps awe regarding these ‘giants’, as you may only ever have read or heard of them

These pillars of FOGSI always gave me the impetus and enthusiasm to work hard. My position today is a reflection of their excellent tutelage and the helping hands that these Office Bearers always extended.

Incidentally, Dr. D.K. Tank was responsible for inducting me into FOGSI. It is a strange coincidence that when Dr. Tank was the President of FOGSI, I was the Joint Secretary, and now that I am the President of FOGSI, his younger son, Dr. Parikshit Tank, is Joint Secretary!

From Dr. C.N. Purnadare I learnt the ABCs of FOGSI-administration, and how to handle difficult situations.

During my years with FOGSI, I learnt a lot. I learnt not only about Obstetrics and Gynaecology and the workings

of a mammoth organization, but also about human nature and its vagaries, about true friends, and above all, about learning to accept challenges, limitations and failures. I can attribute my achievements and my accumulation of knowledge to the dedication and sincerity that went into every post, every year.

About the Journal

My GOAL for the year is to get our journal, the official mouthpiece of FOGSI, indexed by PubMed.

I also plan to take concrete steps to ensure that the FOGSI Journal reaches each and every member.

About ICOG

The academic wing of FOGSI is ready to take up new challenges. Fellowships of 6 months’ training programmes, C.M.E.’s, symposia are being conducted. We are trying to collaborate with colleges abroad e.g. Royal College. We envision the MICOG examinations being on par with other qualifications that are accepted internationally.

Doctors Opposing Sex Selected Termination of Pregnancy (DOSST)

I have written to every President and Secretary of Memberbodies of FOGSI to form DOSST, a proactive step by FOGSI to curb the menace of sex selected foeticides and to help Gynaecologists doing USG from being harassed by the appropriate authorities. I am confident that all of you will help FOGSI and The Government of India in our endeavour to improve female/male sex ratio at birth in our country.

Good News

With the efforts of FOGSI, a decision was taken by C.S.B. of the PCPNDT Act, on 14th January 2012 in Mumbai, to allow Gynaecologists with either a degree or a diploma recognized by M.C.I. to do USG without undergoing any training, though officially this has not yet been communicated.

Web Enabled Services: In the Year 2012

With fast developing technology in the field of I.T., FOGSI office bearers will be in your touch every month by web-linking. It can be made bilateral communication.

FOGSI's Vision Statement

FOGSI aspires to be the lead organization working towards advocating and promoting Women's Health and Reproductive Rights, using scientific evidence and following the highest Ethical Standards, through its membership of dependable professionals.

Team FOGSI 2012

Margaret Carty, author, said, "The nice thing about teamwork is that you always have others on your side."

Let me introduce my team:

Dr. Mandakini Parihar, 1st Vice President
 Dr. Laxmi Shrikhande, 2nd Vice President
 Dr. Prashant Acharya, 3rd Vice President
 Dr. Mandakini Megh, 4th Vice President
 Dr. Nozer Sheriar, Secretary General
 Dr. H.D. Pai, Deputy Secretary General
 Dr. Parikshit Tank, Joint Secretary
 Dr. Jaydeep Tank, Treasurer
 Dr. Madhuri Patel, Joint Treasurer
 Dr. P.C. Mahapatra, Immediate Past President
 Dr. Hema Divakar, President Elect
 Dr. Behram Ankalesaria, Chairman, ICOG
 Dr. C.N. Purandare, Editor, Journal of FOGSI
 Dr. Duru Shah, FOGSI representative to FIGO
 Dr. Jaydeep Malhotra, Secretary, ICOG
 Dr. Suchitra Pandit, Vice Chairperson, ICOG
 Chairpersons of committees of FOGSI

I have an excellent team of dedicated gems that will sparkle to give you an unforgettable year; obviously with your continued support and cooperation.

My Theme for the Year 2012

Let the life of every mother and neonate count

Maternal mortality

The Maternal Mortality rate in India continues to be unacceptably high at 254/100,000 live births with 67,000 maternal deaths occurring annually and one million women suffering from morbidity due to pregnancy and child birth.

Recommendations for Reduction of M.M.R. in India

Political will—perhaps a key factor towards progress, as without strong political will nothing moves in our country.

Maternal mortality audit

- (a) To discover the actual numbers associated with MMR.
- (b) To assess the etiology and demographic distribution of maternal deaths.

Advocacy—amongst all those who work for the health of women and the stake holders in maternal health, especially Gynaecologists, Paramedical personnel, ANM's, SBA's, ASHA workers etc.

Manpower—improvement, especially at the grass root levels

Infrastructure—should be adequate at all levels of health care

Tertiary teaching institutions—better health of these Institutions

Women's literacy rate and empowerment—a substantial increase in this factor

Transport facilities—improvement

Spreading the Word—Distribution of I.E.C. material to spread the message amongst the population at large

MMR is a proxy indicator which reflects the functioning of the health systems of a nation. With the levels at which it is, it is a poor commentary on the professionals and ethical standards of the medical profession. We need passion and commitment to reduce of maternal mortality.

"Small opportunities are often the beginnings of great enterprises" Helen Keller.

How can FOGSI Help Reduce MMR?

- (1) Training and building capacity amongst maternity care providers.
- (2) Establishing guidelines to elevate clinical and ethical practices.
- (3) Advocacy with the Government on laws and administrative practices.
- (4) Working closely with the Government to complement and supplement services.
- (5) Partnering with other NGOs which are aligned towards improving the state of reproductive health.



Plan FOGSI 2012**Theme**

Let the life of every mother and neonate count.

Uniform undergraduate and postgraduate teaching all over India (FOGSI—Emcure initiative).

209 topics

As per M.C.I. syllabus

209 teachers/eminent FOGSI members will be the authors

Text book of Obstetrics

Text book of Gynaecology

Text book of Family Welfare

Each topic with latest references, MCQs, Short and Long questions

Powerpoint presentation for each topic (25–50 slides per topic).

Sets of CDs and Set of Books will be sent free of cost to all the teaching institutions in India.

Honorarium of Rs. 4,000 will be paid to each contributor.

Workshops on How to Reduce Maternal Mortality in India? (FOGSI—Emcure Initiative)

60–90 Workshops

Interactive, Practical aspects of management of six important causes of Maternal Mortality.

- (1) Anaemia
- (2) Pre-eclampsia, Eclampsia
- (3) P.P.H.
- (4) A.P.H.
- (5) Safe abortion
- (6) Infection

P. G. Crash Course (FOGSI—Sun Pharma Initiative)

3 Days course

42 Places in India

For M.D./M.S., DNB, DGO students

No course fee

National + Local faculty

Practical exam oriented

FOGSI Conferences

International Conference on Youth	New Delhi	16th–17th June, 2012	A broad based conference on normal and abnormal adolescence in 2012—the year of the youth
Population Stabilization World Congress	Jaipur	7th–8th July 2012	A holistic view on population stabilization covering clinical and non clinical aspects
Foetal Medicine	Ahmedabad	27th–28th October 2012	A technically detailed event for professionals working with antenatal diagnosis with high quality academics
International Congress on Infertility ICI—2012	Mumbai/Goa	2nd–4th November 2012	A residential conference touching upon the basics and the latest developments in the ever evolving field of infertility
Dilemmas in Obstetrics and Gynaecology	Nagpur	30th Nov.–2nd Dec. 2012	A bird's eye view of the controversies in the field of women's health

Workshop Series (FOGSI—Emcure—Sun Pharma Spectra and Inca—Glenmark initiative)

Workshop Topic	Proposed number	Convenor
Basics of infertility management—what to do and what not to do?	36	Dr. Mandakini Parihar
Virtual zero transmission of HIV from mothers to neonates	24	Dr. Laxmi Shrikhande, Dr. Sarita Agrawal, National Co-ordinator
Live demo—USG, Foetal medicine and PCPNDT ACT	16	Dr. Prashant Acharya
Comprehensive abortion care and post partum contraception	27	Dr. Mandakini Megh
Hysteroscopy and IUI	28	Dr. Mandakini Parihar
Live demo—Workshops on Urogynaecology	12	Dr. Laxmi Shrikhande
Recurrent pregnancy losses (R.P.L.) and early detection and prevention of preterm labor	36	Dr. Laxmi Shrikhande Dr. Prashant Acharya
Comprehensive adolescent health	24	Dr. Mandakini Megh Dr. Roza Olayi

Cervical Cancer Prevention

Commercial Advertisement on TV
By FOGSI
Funded by G.S.K

Public FORA

For public awareness
40 in different societies
On cancer prevention
Ante natal care
Menstrual hygiene
Puberty
Pregnancy
Breast-feeding promotion
HIV
Adolescent health

Good Clinical Practices Guidelines

10 Meetings
20 Guidelines
Core Committee

FOGSI's Multicentric Studies in 10–12 Centres All Over India

Iron sucrose: Different doses for anemia in pregnancy
Single dose Ferric Carboxy Maltose for post-partum anemia (FOGSI—Emcure Initiative)
Rebirth of vaginal breech deliveries
Vaginal birth after Cesarean Section (VBAC)
Hypothyroidism in pregnancy: Prevalence
Glucose challenge test: Screening for detection of diabetes in pregnancy

FOGSI Focus Series (FOGSI—Emcure—Ipas Initiative)

Topic	Editor	Proposed release date
Comprehensive abortion care	Dr. Mandakini Megh	27 January 2012
Foetal medicine	Dr. Prashant Acharya	27 October 2012
Infertile polycystic ovarian syndrome	Dr. Mandakini Parihar	03 November 2012
Urogynaecology	Dr. Laxmi Shrikhande	01 December 2012

It has been rightly said that “Gratitude is the most exquisite form of courtesy”

As I come to the end of my speech I take this opportunity to thank the organizers of AICOG-2012 at Varanasi for making it a memorable event.

I would be failing in my duties if I do not mention FOGSI office bearers Dr. Nozer Sheriar and Dr. Hrishikesh Pai for their constant support.

I wish to thank all FOGSI members for reposing their faith in me in electing me President, and giving me an opportunity to head this prestigious organization.

FOGSI staff lead by Miss Bhandarkar and now by Mrs. Jasmine Kunder and Miss Sangeeta have been my strength and without their hard and sincere work and dedication it would not have been possible to function efficiently.

I am indebted to all the office bearers and staff of the Mumbai Ob. and Gyn. society. It was MOGS's platform that helped us achieve what we have today.

Last but not the least, I thank my family, especially my love-ly wife Anjana and my proud sons Kunal and Abhi for supporting me and tolerating me, a Gynaecologist at home!

I earnestly request you all to join me in the process of making FOGSI a worthy, healthy and wealthy society.

I humbly thank you once again for the honour you have done me in installing me as President of FOGSI.

I shall pass through this world but once, any good that I can show to any human being, let me do it now, let me not deter, nor neglect, for I shall not pass this way again.

I wish to mention the *seven tips to being happy*.

- (1) Never be late
- (2) Don't cheat
- (3) Live a simple life
- (4) Expect little
- (5) Work more
- (6) Always smile
- (7) Never break good relations

I thank you, one and all, for the patient hearing.

Dr. P.K. Shah
President, FOGSI