PRESIDENTIAL ADDRESS





### From The Desk of President FOGSI (2021–2022) – Dr S. Shantha Kumari

#### S. Shantha Kumari<sup>1</sup>

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S. Shantha Kumari

Inaugural Address

27th June, 2021

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Namaskaram
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Distinguished guests Dr. D. Nageswar Reddy, Dr. G. Surender Rao, respected seniors, teachers, my dear friends, and FOGSIANS

It is an emotional moment today as I stand in front of you as the 60th President of FOGSI, the 20th woman President, and the first Telugu speaking. I feel privileged and humbled to assume the office of President of FOGSI today on 27th June 2021 which has been possible only because of the love and affection of all my 37,000 fellow FOGSIANS. I extend **my regards and wishes to each and every Obstetrician and Gynecologist working towards saving lives and are responsible for reducing the MMR and NMR.** 

This journey of mine culminating in becoming the FOGSI President is dedicated to Women's health as a priority and I come with a commitment to work towards minimizing

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Maternal Morbidity & Mortality and reaching SDG Goals. Friends, I come in front of you with gratitude and humility and a request to work with me for the best of women's health.

My inspiration is my maternal grandmother Minna-Manageramma as she was called who was a perfect example of an empowered woman, and my paternal grandfather Sri Krishna Swamy. I come from a background of doctors, my father Dr. K. Sekaran, an ENT Surgeon who was the state and city President of the ENT AOI Association and my mother Dr. P. Satyavathi, a Gynecologist. Being the eldest daughter of these two successful self-made doctors, my pathway was already made and "I wanted to become something special in life, and make a difference. I always believed that if I desire something wholeheartedly, there is a positive power which makes it happen". My siblings Dr Jayashree, Mr Arun Kumar and Dr Anuradha are always with me.

My Husband Mr M. Preetham and my son Mr M. Praneeth have been my strength althrough my journey. Gosakan Uncle and Aunty have always blessed me since childhood. My uncle Dr. Pagadala Rajaram a well-known OBGYN, Vindhya, Jamuna, Krishna Kumari and Krishnendu have always been my constant supporters, advisors and family.

Dr. Nageshwar Reddy has been an inspiration, and Dr G.S Rao has been motivating and supporting me althrough.

The Batch 84, Gandhi Medical College was where I started my medical career, and my best friends Radhika Gosakan, Padma Bharathi and Sonia Seth have been my constant companions.

Guru Brahma Guru Vishnu Guru Devo Maheshwaraha

## Guru Saakshaat ParaBrahma Tasmai Sri Gurave Namaha

I was lucky to do my post-graduation from KMC Manipal where my FOGSI journey began as a PG student and I was inducted into FOGSI by my teachers, Prof Pratap Kumar, Prof Krishnendu Gupta and Prof Murlidhar Pai who played a big role in mentoring me.

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We did a National IAHR conference, and I had the good fortune of being a part of the organizing team as an active volunteer. It was in this conference I first met Prof Sir Sabaratnam Arul and Dr Motasha who appreciated my hard work and personal attention. I still recollect with pride that Prof Pratap praised me and said "Remember when you help someone, you will get help from others, from somewhere and you will overcome your obstacles". This Mantra has stayed with me till today and I always say friends do your bit and help will come when you need it.

As I took my first step into FOGSI, I told myself that I should be the President of FOGSI one day, never knowing the enormity of my thoughts.

"Believe you can and you are halfway there"-Theodore Roosevelt.

It was in these initial days in OGSH that I met my friends, philosophers, guides and mentors Dr. Vindhya, Dr. Jamuna Devi and Dr. Krishna Kumari. Whatever I am today is because of the unconditional love and support they gave me. Dr Indira madam has been my guiding force throughout my journey and a constant support. Dr. Aneel Kaur and Dr. Aruna Rachel nominated me into the OGSH Managing Committee, the stepping stone to FOGSI Presidency. Dr Balamba, Dr Mamatha Deenadayal and Dr. Padma Ravi madam had a positive influence on me. Slowly I gathered the TEAM OGSH together.

When I entered the big world of FOGSI, I met Prof.C.N. Purandare. As I got to know CN Sir, my godfather, I realized how lucky I was to have him as a guide, mentor, guru and as an inspiration.

I also met some amazing people Dr.Hrishikesh Pai, Dr. Nandita Palshetkar and Dr. Rishma Pai and we bonded well. Dr. Narendra and Dr. Jaideep Malhotra are my pillars of strength; Bhaskar Pal is a close friend. Krishnendu Gupta is not only a friend and family but a critic too. Jaydeep Tank and Madhuri Patel have been a support.

My first National Conference was Yuva FOGSI South Zone in 2005.

I was elected as the Chairperson of FOGSI—MNNRRC committee, 2008 to 2010.

I got the AICOG 2011 to Hyderabad, a milestone achievement which brought me a lot of goodwill and appreciation by National and International peers. It was a dream come true. We had 10,000 plus delegates who were awestruck at the grandeur of our venue, hospitality, cuisine and structure. The congratulatory messages from National and International faculty and delegates were very satisfying. Prof. Benagiano, past FIGO Secretary General, expressed his faith in my capabilities to host the FIGO Congress too in Hyderabad.

I was introduced to all FOGSIANS of the country as a dynamic organizer who can contribute a lot to the organization. After AICOG 2011 every year, I was entrusted with a FOGSI National Conference by all the Presidents of FOGSI. In 2011, I was elected unopposed as Vice President. I was the first Telugu Vice President of FOGSI and that made my then combined Andhra Pradesh very proud of me and I remain humbled, and privileged to represent my people on the national platform. As a Vice President I organized the FOGSI FIGO International Congress and we hosted 3 Past Presidents, President Elect and the Future President of FIGO at Hyderabad. "Invest in me, I am the Future" was the theme and Ms. P.V. Sindhu was our FOGSI Girl child ambassador who went on to become the Olympic Medalist.

My Journey as ICOG Secretary and chairperson from 2015–2018 was when we cemented the connections with RCOG and RCPI with Prof C N Purandare as the Dean and also organized ICPHR Congress.

When I became the *member of FIGO working group on* "*No to Violence Against Women*" in 2015, I launched the DHEERA Campaign.

As a FOGSI Office bearer in my FOGSI Journey, I have connected with international colleagues from FIGO, RCOG, RCPI, FLASOG, EBCOG, AOFOG, SAFOG and ACOG and developed very warm and cordial relationships. I was conferred with FRCPI by the Royal College of Physicians of Ireland and honorary FRCOG by the RCOG.

Election campaigns are never easy especially with the first online E voting of FOGSI. Campaigns need preparation, courage, understanding and nurturing. I travelled across the country covering more than 150 societies in my FOGSI Bharath Yatra over the years. I was overwhelmed with all the love and affection showered on me by all the societies. I am specially indebted to the member societies of my two Telugu states, AP and Telangana. They have taken extraordinary pains and took my election as a personal challenge.

#### Winning...

29th August 2019, 6.30 pm—It's time to celebrate!

I would take this opportunity to thank each one of you; mentors, friends from FOGSI and overseas. It was your love and affection and the confidence you have instilled in me that has made it possible for me to become the President of FOGSI.

I thank all my beloved OGSH family, my members and office staff Sandhya, Rakesh and Raju.

Mr Thirupathi has been my right hand for more than a decade, capable, understanding and supportive.

Winning comes with numerous responsibilities and commitment to FOGSI and my team took shape to take it forward. On January 28th 2020 at Lucknow, I became the President Elect.

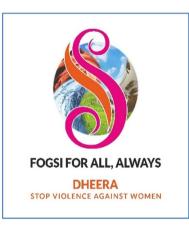
Dr. Alpesh Gandhi, President FOGSI 2020–2021, I congratulate him for leading the organization in these difficult COVID pandemic times and for having made a smooth transition from physical to online programs. Dr. Jaydeep Tank was an efficient and excellent Secretary General.

#### VISION AND MISSION FOGSI 2021–2022

As a young adult, I realized that women play a key role in this world, just like MOTHER NATURE or The Shree Shakti, as we revere it. The Stree Shakti is the embodiment of the five elements—**The Sky, The Air, The Water, The Earth and The Fire.** The intimate link between environment and human well-being is very well known with increasing awareness on the need for clean water, noise- and pollutant-free air, and pesticide-free food. Preserving nature and its ecology and thereby preserving health is easier than curing disease. So, we have taken up the concept of minimizing female morbidity and mortality, and fetal effects by mitigating the adverse impacts of environment.

FOGSI Theme for 2021–2022

#### FOGSI FOR ALL ALWAYS & DHEERA—STOP VIOLENCE AGAINST WOMEN.



My theme this year goes beyond the commitment of FOGSI to Women's Health Care and envisages.

- FOGSI for Every Mother to reduce Maternal Mortality and Morbidity to reach SDG Goal 2030
- FOGSI FOR ALL FOGSIANS to be able to practice Standard protocols with Dignity and Safety
- FOGSI For Every Woman—DHEERA initiative to SAY NO TO VIOLENCE AGAINST WOMEN.

#### **TEAM FOGSI 2021–2022**

Great things are never done by one person. They are done by a team of people

-SteveJobs

I would like to introduce my efficient Team 2021–2022. Dr. Hrishikesh Pai, President Elect

Dr. Alpesh Gandhi, Immediate Past President

My Vice Presidents:

Dr. Archana Verma, Dr. Basab Mukheriee. Dr. Bipin Pandit, Dr. Fessy Louis, Dr. Kawita Bapat. My efficient and committed office bearers: Dr. Madhuri Patel, Secretary General Dr. Suvarna Khadilkar, Deputy Secretary General Dr. Pariksit Tank, Treasurer Dr. Niranjan Chavan, Joint Treasurer Dr. Aruna Suman, Joint Secretary FOGSI Reps to FIGO—Dr Sanjay Gupte, SAFOG— Dr Bhaskar Pal, AFOG-Dr Krishnendu Gupta My Team ICOG: Dr. Uday Thanawala, Chairperson Dr. Parag Biniwale, Vice Chairperson Dr. Ashok Kumar, Secretary My Team JOGI: Dr. Geeta Balsarkar, Editor in chief and her team **My National Coordinators** Dr. M. Krishna Kumari **Dr. Javdeep Tank CME & Workshop Convenors:** Dr. Bhaskar Pal Dr. D. Kiranmai And my beloved FOGSI staff—Ever willing to work and always at your service.

"None of us are as smart as all of us"

-Ken Blanchard

We are all amidst an unprecedented COVID Pandemic, which has restricted our physical Conferences CMEs and Workshops and we are adapting to the new normal, the Virtual platform to reach out to our members and the women of our country. Keeping this in view we have planned virtual programs for a few more months, transitioning into Hybrid events by this year end. All our major conferences are scheduled for 2022. The detailed program for 2022 will be announced in January 2022 AICOG at Indore.

This year we are delighted to start our academic calendar with the **Doctor's Day on July 1 as "Dhanwantri Diwas**". Mental Health, life insurance, professional indemnity and managing finances will be the focus on this day—FOGSI FOR EVERY FOGSIAN.

We are collaborating with WHO for **World Population Day**—July 11, on raising awareness of Women's Sexual and reproductive Health Needs during the pandemic. We are partnering with Ministry of Health & Family Welfare, GOI, UNFPA, UNICEF, GUTTMACHERS Institute, John Hopkins Institute IPAS and others. We thank WR Dr Rodrico Ofrin, Dr Pushpa Chaudhary and Dr Priya Karna from WHO. On 22nd July we have the Role of Professional Associations to meet Maternal Health Sustainable SDG GOALS 2030 in collaboration with MSD for Mothers.

This year we have designed programs where we brought FOGSI Committees together as teams.

On July 25th—CEEI 2021—Controversies in Endoscopy Endometriosis & Infertility.

# FOGSI FOR EVERY FOGSIAN: In our stressful routine we need Friends and Fun. FOGSI is synonymous with both!

"Anything is possible when you have the right people to support you."—MISTY COPELAND. On August 1<sup>st</sup>, we celebrate **FOGSI Friendship Day**.

FOGSI believes that breastfeeding is the best for both mother and newborn. August 1st to 7th will be observed as World Breastfeeding Awareness Week in all 262 Societies, culminating with the Program LACTACON 21 in collaboration with UNICEF on 7th August.

"We cannot always build future for our youth, but we can build our youth for the future"—Franklin. D. Roosevelt. **On International Youth Day on August 12th**, we celebrate the potential of youth as partners in our organization and the main stream is young people's voices, actions and initiatives.

FOGSI-AOFOG-SAFOG—**WISDOM 2021**—Blending evidence and experience into practice, a virtual but KEY conference on 20th–22nd August 2021.

**FOGSI FOR EVERY MOTHER** is our Theme and Vision. On August 29th—in **Confluence 2021**—Optimizing Obstetric Outcomes, we are focusing on medical disorders in pregnancy and other obstetric complications, evidence-based protocols for better practices.

FOGSI FIGO conference on **Impact of COVID on Women's health Globally** on September 3rd and 4th— 2021. All the key issues related to COVID in Pregnancy, vaccination, and gynecology will be dealt.

On September 5th—**FOGSI Teacher's Day** FOGSI and ICOG will felicitate FOGSI Teachers and revisit medical education curriculum.

September 7th is the **FOGSI Adolescent Health Day** for awareness about adolescent health and development issues to dispel various myths and misconceptions.

September 17th is the **World Patient Safety Day** and the theme chosen by WHO is Respectful Maternity Care. FOGSI AND FIGO advocate RMC. This aptly fits the part of our Theme **FOGSI FOR EVERY MOTHER**.

We need to focus and refocus till we eradicate anemia and other deficiency disorders. September 19th— National Nutrition Week comes to you as **FOGSI Poshan**  Another Effective Preventive strategy for Maternal Health is Contraception. September 26th on **World Contraception Day** we discuss relevant strategies.

For us Obstetricians Life of Every Mother and Neonate Counts. We have chalked out an ambitious academic module for Stillbirth Project focusing on **Reducing Preventable Stillbirth**—a FOGSI initiative on October 3rd— Stillbirth Day.

After working for 3 months, we need to celebrate!! This we do as **Pushpotsav**—a floral fest on October 6th—First Day of **Bathukamma**—celebrated predominantly in Telangana and some parts of AP, where in Goddess Maha Gauri—'Life Giver' is worshipped as a beautiful tapestry of floral arrangement in pairs of mother and daughter. Interestingly, it is celebrated for 9 days symbolizing 9 months.

On October 17th we have **World Menopause Day-REVIVE 2021.** 

October 31st "Do you know me enough?"—FOGSI FETUS DAY program—aiming at A Healthy Fetus to build a Healthy Nation.

Cancer Cervix—An Update on 7th November 2021.

November 10th on **FOGSI Vaccination Day**, we come up with Immunization—a strong move towards women's health.

November 17th—**World Prematurity Day**—Approximately 1 million children die each year due to complications of preterm birth. Many survivors face a lifetime of disability.

November 25th is international day for **elimination of VAW and DHEERA**, our Flagship Program.

December 1st—World AIDS DAY Let's walk towards HIV FREE INDIA and Break the Taboo on Sexual Health.

December 9th will be **Patient Safety Day—FOGSI for All Always**—We want to improve the relationship of the patient and the treating doctor with effective communication and quality care.

ENDOCRINE OUR LIFELINE—An Orchestra of Hormones—will be the CME entirely focusing on female hormones on December 12th.

December 2021 will hopefully and definitely mark the end of this long-drawn pandemic and usher in a real vibrant beautiful new year 2022. Let us meet at The **GRAND 64th AICOG INDORE from 9th TO 13th January 2022**. Quality Within Her Reach is the theme.

**FOGSI—2021–22 ICOG Annual Conference** will take place on April 23<sup>rd</sup> and 24th led by an able, knowledgeable TEAM FOGSI-ICOG.

The thread which binds our theme is Environment and its five elements. The FOGSI Zonal Conferences with Yuva.

#### 1. North Zone (Ludhiana)—Theme: Earth

- 2. South Zone (Salem)—Theme: Sky
- 3. East Zone (Ranchi)—Theme: Air
- 4. West Zone (Jabalpur)—Theme: Water

5. All VPs (Goa)—Theme: Fire

Our aim in Women's Health is to **minimize mortality and morbidity**. This is our theme in the National Conference on Women's health 15th to 17th July 2022 at Hyderabad. **Artificial intelligence** (AI) is growing exponentially in various fields and OBGYN is not an exception. Maternal, Infant Health Insights and Cognitive intelligence—MIHIC—and reducing maternal and infant mortality and morbidity through early detection will be the highlights in this innovative conference.

Tuberculosis is making a resurgence which still affects many aspects of women's health and Pregnancy. We Commit—TB Mukth Bharat.

We are 262 societies, thousands of members spread across our vast country. There are still many FOGSIANS who are not active for various reasons. Team FOGSI 2021 aims at bridging gaps and making ourselves a cohesive family. A special networking group of FOGSIANS will work towards this—**FOGSI for ALL.** 

Another initiative for our Paramedics and Health Care workers to empower with basic skills in Pregnancy Care. FOGSI **Naipunya—Skill for ALL** is a course being designed for nurses and paramedics.

FOGSI SCHEDULED EVENTS 2021–2022	
July 1st	Doctor's Day
July 11th	Population Stabilization Day
July 22nd	Role of Professional Associations to meet Maternal Health Sustainable Develop- ment Goals 2030
July 25th	Controversies In Endoscopy Endome- triosis & Infertility – CEEI 2021
August 1st	FOGSI Friendship Day
August 1st to 7th	World Breastfeeding Awareness Week
August 7th	LACTACON 21-WBW 2021
August 12th	International Youth Day
August 20th to 22nd	FOGSI-AOFOG-SAFOG—WISDOM 2021
August 29th	Optimizing Obstetric Outcomes – Con- fluence 2021
September 3rd and 4th	Impact of COVID on Women's Health Globally—FOGSI FIGO 2021
September 5th	FOGSI Teacher's Day
September 7th	FOGSI Adolescent Health Day
September 17th	<b>Respectful Maternity Care</b>
September 19th	National Nutrition Week—FOGSI Poshan Abhiyaan
September 25th-26th	FOGSI MCM Mumbai
September 26th	World Contraception Day

October 3rd	Stillbirth Day
October 6th	First Day of Bathukamma—Floral Festival Celebrated predominantly in Telangana
October 17th	FOGSI Menopause Day
October 18th	Camps, Menopause Screenings etc., CSR
October 31st	FOGSI FETUS DAY
November 6th	<b>CSR Camps on Cancer Prevention</b>
November 7th	FOGSI PAP SMEAR DAY—PREVENT CANCER DAY
November 10th	FOGSI Vaccination Day
November 17th	World Prematurity Day
November 25th	International day for elimination of VAW DHEERA
November 28th	DHEERA FOGSI/ACADEMIC
December 1st	FOGSI HIV—AIDS PREVENTION DAY
December 9th	Patient Safety Day—FOGSI for All Always

#### **GLOBAL COLLABORATIONS**

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We visualize strong and fruitful relationship in my presidential year with international bodies—International Federation of Gynaecology and obstetrics (FIGO), The Royal College of Obstetricians & Gynecologists' (RCOG), Royal college of Physicians of Ireland (RCPI), Federation Latin American Societies of Obstetricians and Gynecologists— (FLASOG), Asia and Oceania Federation of Obstetrics and Gynecology Congress (**AOFOG**) and South Asia Federation of Obstetrics and Gynaecology (**SAFOG**) with whom I have developed a strong bonding over the years. We are pleased to collaborate with international bodies World Health Organization (WHO), UNICEF and USAID.

#### FOGSI # WOMENOFOURCOUNTRY

DHEERA A CAMPAIGN TO END VIOLENCE AGAINST WOMEN #VAW



As a doctor and a woman, myself, I have witnessed closely how widely prevalent violence against women is and what an enormous impact it has on the overall health of women. I chose DHEERA-STOP VIOLENCE AGAINST WOMEN as one of my themes in my Year as President FOGSI.

I have started with Save the Girlchild campaign at AICOG Jaipur 2009 as my FOGSI Committee MNNRRC program. Then I went on to initiate the campaign of—Invest in me I am the Future in 2013 as the Vice President of FOGSI where we had our Ms P V Sindhu as brand ambassador, a true example of an empowered girl.

"Violence against women is perhaps the most shameful human rights violation and perhaps the most pervasive"-Kofi Annan. It knows no boundaries of geography, culture or wealth. It is widely prevalent and a root cause of maternal morbidity, reproductive coercion, poor physical, emotional and psychological health of women and what we see is only the tip of the ice berg. Nearly 38% of Indian women face violence in the hands of their partners. If a woman has a problem, where does she go? Not to the police, lawyer or the court. She approaches her friendly OBGYN who is her first point of contact. Obstetricians and Gynecologists are specialized stake holders of women's health and occupy a unique position. FOGSI, is committed to speak up, focus and work hand in hand with all the stakeholders on this issue. As the member of FIGO working group on VAW and a Committed FOGSIAN I have initiated a Campaign DHEERA to End Violence against Women VAW in 2016, where we partnered with, SHE teams, National Commission for Women to sensitize OBGYNS, Police, Public and partner with men to "Wear orange and say NO to VAW". We did a CYCLATHON and a public forum. In 2017, bikethon and a flash mob were organized with the theme of Partnering with Men.

#### **DHEERA GOES Global**

I had the opportunity to take DHEERA to FLASOG (Federation Latin American Societies of Obstetricians and Gynaecologists) in 2017. The high point of DHEERA was at International FIGO CONGRESS at RIO BRAZIL in 2018. FIGO declaration on NO TO VAW with WHO was signed and all member societies globally pledged support to the cause.

In my Presidential Year, DHEERA adds a new page to reach young boys and girls as an Online Certification Course through structured informative sessions by FOGSI Experts, which will go a long way in sensitizing the future generation to say NO to VAW. We are happy to announce WHO and UNICEF will collaborate with FOGSI for Dheera programs. This will go in a long way to sensitize young minds specially boys on VAW and pave way for a more gender neutral and equal communities. DHEERA focuses on Workshops/CMES for GYNECOLOGISTS—to build capacities and sensitize health care providers/ professionals.





**Respectful Abortion Care**—This is an essential care that should be accessible, available and affordable to all the women in India who want to have the contraceptive and abortion services. It's a Joint FOGSI President and WHO Flagship Initiative 2021–2022 with webinars planned across four zones of FOGSI for dissemination of MTP Amendment 2021.

## Cervical Cancer Prevention Strategies by FOGSI in collaboration with FIGO

**FOGSI** strives for Elimination of Cervical Cancer by 2030 and HPV Vaccination. We plan Public Awareness sessions on HPV vaccination and screening, breast cancer and endometrial cancer screening.

**FOGSI Poshan Abhiyaan 2021 and Anemia Mukth Bharat**—Anemia and malnutrition are still a major contributor to MMR and Near Miss. We are planning a dedicated year-long campaign involving every platform, media for community connect.

#### SAVE ENVIRONMENT FOR SAFE PREGNANCY

Healthy Nutrition should encompass Safe environment. We can no longer ignore the massive impact of environment on pregnancy and women's health issues. Academics, awareness, community connects and CMES will be earmarked in our calendar for this.

**IKSHANA—SWA—Raksha is Suraksha**—All our front liners have done tremendous work risking their lives. As a token of our appreciation to their hard work and the sacrifices they make We Team FOGSI 2021–22 have designed a program for our carers. This is our FOGSI cares

for carers—IKSHANA—Screening for NCDs, Cancer across all societies by FOGSIANS at individual, Societal and as Pre-Congress Workshops. Together We Say We Care.

**Respectful Maternity Care**—RMC is a patient's right, our responsibility. Every obstetrician has to be well informed about the components of RMC.

**Reducing Preventable Stillbirth**: A Pilot Project of providing 25 USG Machines to 25 rural centers and training doctors there by ObGyn experts from FOGSI.

FOGSI FOR ALL—FOGSI FOR EVERY FOGSIAN STOP VIOLENCE AGAINST DOCTORS—COVID is the obvious PANDEMIC; VAD is the silent tragic epidemic. It is demoralizing, disheartening and dejecting to see the frequent attacks on our fraternity. FOGSI will work with IMA and provide support systems to help FOGSIANS practice with Dignity and Safety.

**FOGSI INDEMNITY SCHEME**: Should be the apt choice of every FOGSIAN. **FOGSI Social security scheme**—In the untoward event of demise of any FOG-SIAN who is a member of the FOGSI SSS, a compensatory amount is disbursed to his/her nominee. More FOGSIANS should become part of the SSS as this is a brilliant way of helping one another, especially in these testing times. Online membership facilitation is now available.

#### PUBLICATIONS

Chronicles of Obstetricians and Gynaecologists for Women's health—I present the book of Legends of FOGSI who dedicated their life to motivate others. We give you interesting, innovative and inspiring aspects of their life which will have an impact on younger generation. There are emotionally gripping original incidents which changed our practicing methods in clinical practice, motivate us to think and improvise.

**CLINICS OF FOGSI (PINK)**—Our aim is to provide clinical updates to all FOGSIANS with evidence-based protocols, a reference book to PG's, Clinicians, Practitioners, Consultants and Teachers.

**FOGSI FOCUS**—We present a series of FOGSI FOCUS by different national and international experienced experts—Efocus.

**FOGSI CONNECTS / FORUM**—This is to Connect experts to consultants. We provide a mail id where you can post your queries and the experts will answer within a week.

**Pregnancy Bible** by Mrs Kareena Kapoor Khan—This book is the perfect companion for your pregnant women in their journey and a useful supplement to your regular antenatal care. It tells them everything they need to know about their pregnancy.

**MEDHA & FORCE (PG Teaching Programs)**— These programs are designed to train post graduates and develop skills for clinical applications and train them for their examinations.

**GCPR & TOG**—This provides an update to all health professionals working in obstetrics and gynecology with peer reviewed information delivered with good clinical references.

Integrating Quality and Dignity in Women's Health— Principles, Protocols, Practices (PPP)—moving from guidelines towards implementation on ground and empowering FOGSIANS by orientation to Quality Improvement Methodology and Respectful Maternal Care with synergistic functioning between public and private health care. Once again, I thank you for being with me in my long journey in FOGSI. I hope that EVERY FOGSIAN will support me and my Team FOGSI 2021–2022 in our endeavor to work for our Vision and Mission towards Health of #womenofourcountry.

A Dream written down with a Date becomes a Goal.

A Goal broken down into steps become a Plan.

A Plan backed by action makes your dream come True. Walk with me and make OUR Dream come true. Yours

Dr S. Shantha Kumari President FOGSI, 2021–2022 JAIHIND



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