### LETTER TO THE EDITOR





# Dermoscopy and Light Microscopy as an Aid to the Diagnosis of the Most Common Genital Parasitoses

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#### Dear Editor,

Pediculosis pubis and genital scabies are the two most frequent sexually transmitted parasitic diseases [1]. The clinical picture is often sufficient for the diagnosis, but if uncertain, optical diagnostic tools such as dermoscopy with polarized light and light microscopy can be of help. In Phthirus pubis infestations, epiluminescence microscopy (ELM) allows a clear visualization of the louse and its nits (Fig. 1a). In genital scabies lesions, dermatoscopic examination usually allows to appreciate the typical burrows at the level of the epidermis with a small dark V-shaped triangle at the end indicative of Sarcoptes scabiei (delta-wing jet sign) [2, 3] (Fig. 1b); if despite this examination the diagnosis remains uncertain, a small blade can be used to shave the lesion or scratch the affected area and analysis of the sample via microscopic examination can be performed. A low magnification (10X) allows to quickly identify the mite and/or indirect signs of its presence (eggs and feces) (Fig. 1c), while higher magnifications (20X) allow to appreciate the mite with greater details (Fig. 1d).



Fig. 1 Specimen of Pthirus pubis (a) and burrow of scabies with mite at the end (delta-wing jet) (b) as they appear with polarized light dermatoscope;  $10 \times$  magnification of burrow obtained by shaving inside which eggs and excrements of the mite can be appreciated (c);  $20 \times$  magnification of a specimen of S. scabiei (d)

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### **Declarations**

Conflict of interest The authors declare that they have no conflict of interest.

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