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#### PRESIDENTIAL ADDRESS

# Presidential Address FOGSI-2015

Trivedi Prakash

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Prakash Trivedi FOGSI PRESIDENT 2015 IAGE PRESIDENT 2013–2015

It is indeed my honor to be one among you all FOGSI members as the President of the biggest Obstetrics & Gynaecological or any Consultant's Society of the world. Just 10 years ago I told people close to me that if I became the President of FOGSI by kindness of God-Balaji, I hoped it will be in Chennai and at the Installation I will be pleased to have the presence of the highly intellectual person Dr. Jacob Kumaresan, WHO and India's best romantic hero Shri Kamal Haasan. My clinical assistants informed me that to be the President of FOGSI and also be the President of the IAGE at the same time, the probability was 1 in 46,000,000 in India. I thank you for elevating my level from being a common gynecologist like any one of you, with love, respect and great honor.

Faith is the biggest self-belief that makes you do anything impossible, even a miracle.

Although God is there Whom we have not yet seen, in our parents we see our Gods on Earth.

It is a great privilege to have honest and hard working parents. They gave me the necessary faith in taking the first step even when you cannot see the whole staircase.

#### Gratitude for Teachers and Veterans

The career of a gynecologist is never made through books written or surgeries done; it is made by persons in FOGSI, IAGE and teachers who actually educate you to groom in the profession with the firm gentleness, and I owe my gratitude to so many professors. Among them a few names are mentioned here—Late DK Tank, Late MY Raval, Late VN Purandare, Late S Dasgupta, C N Purandare, Shirish Seth, R P Soonawala, MN Parikh, Sadhana Desai, Usha Saraiya, Usha Krishna, Kamini Rao, B N Chakrabarty, V P Paily, Rohit Bhatt, P C Mahapatra, Narendra Malhotra, P K Shah, Sanjay Gupte, Pankaj Desai, Hema Diwakar, Alka Kriplani, Duru Shah, and Shyam Desai.

#### Peers and Followers

Believe me, the constructive criticisms of peers and colleagues without their actually telling you, sharpen your skills and keep you abreast with the latest and the best care not only for patients but also the fellow gynecologists. I had privilege of many colleagues and a few followers who I cherish and they include Hrishikesh Pai, Firuza Parikh, Prashant Mangeshikar, Rakesh Sinha, Kurian Joseph, Pratap Kumar, Roza Olyai, Shailesh Puntambekar, Hafeez Rahman, P G Paul, B Ramesh, S Krishnakumar, Sunita Tandulwadkar, Late Mandakini Parihar, Nandita Palshetkar, Rishma Pai, Nozer Sheriar, Jaideep Malhotra, R M Saraogi, Bipin Pandit, S Shanthakumari, Suchitra Pandit, Manish Banker, Late Pravin Patel, Late Behram Anklesaria, Gautam Allahabadia, Vineet Mishra, Ajay Rane, Atul Munshi, Jaydeep Tank, Suvarna Khadilkar, Mahesh Gupta, Madhuri Patel, Jayam Kannan, Vyomesh Shah, Mahendra Borse, Pandit Palaskar, Sylvia Noronha, Aditi Singhi, Sandeep Patil, and Animesh Gandhi.

## FOGSI Team-2015

Deserve Before You Desire-Earn it

The office of FOGSI Presidentship has been mastered by 57 persons before me.

I am going to execute only because of the FOGSI family, a tree strengthened by the Vice Presidents, Office bearers of FOGSI–ICOG, Committee Chairpersons, 229 Presidents and Secretaries of member societies and the faith of 29,000 FOGSI members, plus the dedicated office staff of FOGSI–ICOG–JOGI.

FOGSI team-2015

PRESIDENT	Dr Prakash Trivedi	
VICE-PRESIDENTS	Dr Rekha Kurian, Dr Uday Thanawala,	
	Dr Sujata Misra, Dr Anupam Gupta,	
	Dr Sarita Agrawal	
SECRETARY GENERAL	Dr Hrishikesh D Pai	
DEPUTY SECRETARY GENERAL	Dr Jaydeep Tank	
TREASURER	Dr Madhuri Patel	
JOINT TREASURER	Dr Suvarna Khadilkar	
JOINT SECRETARY	Dr Bipin Pandit	
JOURNAL EDITOR	Dr Gautam Allahabadia	
IMMEDIATE PAST PRESIDENT	Dr Suchitra Pandit	
IMMEDIATE PAST FOGSI SEC. GENERAL	Dr Nozer Sheriar	



## Theme 2015: Minimal Access Maximal Care: Pregnancy in High risk Mother

"Minimal Access Maximal Care" with the smallest incision or even no holes, the Indian Gynecologist are the best skilled vaginal surgeons on the planet. Minimal access is not only Endoscopy or vaginal surgery, but ART, Sonography, Urogynecology reaching at the doorstep where the patient has minimal access but they can get maximal care. We want these experts not just to create followers but make the next generation leaders to continue genuine intense education and skill enhancement.

**"Pregnancy in High Risk Mother"** Most of us now have mainly High risk obstetrics left, I don't want to deviate from the fetus, but for this year we will concentrate on identifying and taking care of the high risk mother to reduce morbidity and mortality. Usually evaluation of a patient for Gynecologic surgery is meticulous compared to a pregnant patient, we want to trace mothers who are at high risks both in private practice and especially in a Government set-up.

## **Pleasant Agenda**

I request the members to give us only 3 days of a month to FOGSI. We will teach you better than anybody in the world on given subject, i.e., one program per month. The remaining 26–27 days you take care of patients and teaching, which will reduce all aspects of mortality and morbidity. The medical colleges will excel in teaching program. Medicolegal issues also will reduce as we are available more for the patients. Also don not forget to take care of your family and hospital staff.

FOGSI events 2015

Sr. no	Dates	Conference subject	Venue
1	13–15th March	Ultrasound—the sixth sense—fetal monitoring soul of obstetrics Manju Jilla, Uday Thanawala, P.K.Shah, Bipin Pandit	Aurangabad

Sr. no	Dates	Conference subject	Venue
2	20–22nd March	IAGE AOFOG BSOG event endogyn—Trend setters in the 21st century Kurian Joseph, Bhaskar Pal Krishnendu Gupta	Kolkatta
3	17–19th April	Yuva FOGSI North one stop solutions—reaching out with a purpose Shahnaz Taing, VPAnupam Gupta, Firdaus	Srinagar
4	2–3rd May	FOGSI MCM Kiran Desai, Dilip Gadhvi	Ahmedabad
5	14–17th May	International conference on advances in gynaecology FOGSI committees IAGE & MOGS event Prakash Trivedi, H.D.Pai, Rajendra Sankpal, Arun Nayak	Mumbai
6	29–31th May	Yuva FOGSI—South obgyn for GeNext Chellamma, Jyoti Chandran, Rekha Kurian	Calicut
7	June	FOGSI Satellite conference Jaydeep Tank	Mumbai
8	17–19 July	FOGSI President's event— international conference on pregnancy in high risk patients east meets the West Shantha Kumari Sarita Agarwal, C N Purandare Parikshit Tank	Hyderabad HICC
9	24–26th July	Yuva FOGSI—West tapping young potentials B.S.Jodha, VP Uday Thanawala	Jodhpur
10	22–23 Aug	Adolescence health & issues Towards tomorrow Hema Diwakar, Nozer Sheriar, Roza Olyai, Jayam Kannan, Jaydeep Tank, Basab Mukherjee, Atul Ganatra	Bengaluru
11	28–30th August	Conventional, vaginal & urogynaec surgery back to basics— strengthening the foundations Alka Kriplani, Pratima Mittal	New Delhi
12	4–6th September	AICC RCOG Bhaskar Pal, Basab Mukherjee	Kolkata
13	19–20th Sept	FOGSI MCM Arun Nayak, Bipin Pandit	Mumbai
14	30st Oct– 1st Nov	Only live urogyn surgery there is more to life Ob. Gyn & health, wealth & medicolegal conference Kiran Desai, Vinit Mishra, Mangesh Narwadkar, Bipin Pandit	Ahmedabad
15	6–8th Nov	Yuva FOGSI East setting new standards Sujata Mishra PC Mahapatra	Puri
16	4–6th Dec	Beyond the limits of any super specialties—Elite event for geniuses, experts, and teachers Prakash Trivedi	Amby Valley

4–9th October 2015: Dr C N Purandare will be installed as FIGO President at Vancouver.

# Provisional Events

- 1. Ob. Gyn at grass roots level at Kanpur Kusum Pandey, Meera Agnihotri on 19–20th December.
- 2. Recurrent pregnancy loss at Pune Sanjay Gupte Aparna Shrotri Sunita Tandulwadkar & Suchitra Pandit on 2–3rd January' 16.

Vice Presidents and Committee Chairpersons' Events

Vice-President of FOGSI should be directly in contact with the President and the Secretary of the respective assigned member societies of India. They have to understand their relative needs, issues and problems. Apart from being in communicaion with the Chair-persons of the Committees, they are in-charge to streamline their activities. Focused events on Postpartum Haemorrhage, Anemia, Emergency Obstetrics, Simplifying Endoscopy, Infertility ART & Urogynaecology will be conducted.

We want the Committee Chairpersons & Vice Presidents to keep a few quality events. Two or three Committee Chairpersons can combine and have programs in different zones with the involvement of respective Vice Presidents, but not where FOGSI events are already planned.

The Vice Presidents will be in charge of the following:

# Dr. Uday Thanawala—Vice President (West)

All member societies of Maharashtra, Goa, Pondicherry (43). FOGSI Committees—Imaging Science Committee, Safe Motherhood Committee, Practical Obstetric Committee, Perinatology Committee, Medical Disorders in Pregnancy Committee.

## Dr. Sarita Agarwal—Vice President (West)

All member societies of Chhatisgarh, Madhya Pradesh, Rajasthan, and Gujarat (40). FOGSI Committee- HIV & AIDS Committee, Oncology & Trophoblastic Tumours Committee, Clinical Research Committee, Midlife Management Committee, Sexual Medicine Committee, Study on Female Breast Committee.

## Dr. Anupam Gupta-Vice President (North)

All member societies in North (49). FOGSI Committees— Infertility Committee, Endocrinology Committee, Medical Termination of Pregnancy Committee, Quiz Committee, Medical Education Committee.

## Dr. Rekha Kurian-Vice President (South)

All member societies from the South except Kerala & Pondicherry (50). FOGSI Committees—Endoscopy Committee, Endometriosis Committee, International Academic Exchange Committee, Foods & Drugs and Medico Surgical Equipment Committee, Family Welfare Committee.

# Dr. Sujata Misra—Vice President (East)

All member societies of the East and Kerala (47). FOGSI Committees—Adolescent Health Committee, Genetic & Fetal Medicine Committee, Young Talent Promotion Committee, Ethics & Medico-legal Committee, Urogyanecology Committee.

Both the Vice Presidents and Committee Chairpersons will systematically increase—Purposeful activity of educational, skill or professional enhancement and those of public interest at different places.

Identify the possible new and useful subjects needed for FOGSI FOCUS.

Vice Presidents will automatically be a part of and incharge of everything related to FOGSI events organised by the Committees and designated member societies.

We will have SAFOG events with P.C.Mahapatra, Alokendu Chatterjee, Shyam Desai—working with FIGO intellectual giant like Prof.Arulkumaran, C N Purandare and RCOG event with Bhaskar Pal; along with FPAI and Usha Krishna to have maximal interval Laparoscopic Tube Ligation.

# ICOG

Indian College of Obstetricians & Gynaecologists ICOG is the academic wing of FOGSI, cornerstone for education, skill and professional enhancement. During 2015, we want to give ICOG the wings to widen their activities without fear of being curtailed due to overlap.

Maternal mortality is very important for FOGSI: our ICOG Chairperson Dr. D.K.Dutta will visit many societies under FOGSI to actually find out the distribution of causes of maternal mortality and will suggest a practical module on how to minimize Maternal Mortality.

The Professional and Skill enhancement courses for seniors and the FORCE PG Training program will be active at various parts of India with Dr. Jaideep Malhotra, Dr. Ashis Mukhopadhay, Dr. Shantha Kumari, and Dr. Saswatidevi Sanyal in charge.

Dr Atul Munshi will be the Academic council's Chairperson for the next 3 years. The FOGSI ICOG Certificate courses are running very well in Endoscopy & Minimal Access Surgery, Reproductive Medicine, Ultrasonography, Fetal Medicine etc. Efforts will be taken to maintain standards of teaching and also responsibilities of the trainees will be defined, and irregularities, if any, will be streamlined.

# FOGSI Members: Heart, Soul, and Brain

There are 29,000 plus members of Obstetricians and Gynecologists of India who in the darkest night and in the most critical hours of women's life take care of deliveries, complication, pathologies and even social issues.

They are the true soldiers of FOGSI, although neither the Government nor the FOGSI acknowledges them. They, after discharging all duties, live more honorable rather than waiting to be honored. Their soul and life is dedicated to woman's health care, their hearts feel that they are part of FOGSI but their brains feel: FOGSI belongs to few persons.

During the FOGSI elections, only 25 to 33 % of members vote. We have to educate and stimulate FOGSI members to exercise their voting right judiciously.

But when I went deeper, I realized that as I was pointing the index finger toward the FOGSI members three fingers were directed toward the dais including the President. To some people, possession implies ownership. The same stream of people sitting on the dais for long period makes many members feel that their vote is not important. I realized education starts from the office; the rest would then follow.

An organization is in danger when those who have never learnt to obey are given the right to command. When we form rules and constitutional changes—if good for FOGSI—then all should obey rules. From convenience we will have conviction to run FOGSI better.

It is not what happens to you in life that matters; what matters is how you react to it.

The new team will have your faith in us restored. We will build an empire of freedom and respect. Let members voice their opinion. Let us listen, let us understand, let us have one FOGSI.

My mother organization belongs to the city where the FOGSI office is, Mothers don not make mistakes—it's the children who do. There are 229 mother organizations and none of the mothers makes mistakes, and every member has respect for their mother, but father is FOGSI. Earn respect and be rational to rule. Every member will be proud of the persons who are proud of a unified FOGSI.

#### FOGSI & Government

I think this is the greatest alliance, and FOGSI supports and respects all aspects which the Government wants us to do. But I think there is a flaw: Why do people blame only Gynecologists for every wrong thing that is happening for Women's Health, Maternal Mortality, Neonatal Mortality?

Many of these are issues of the Government and the Health Ministry who have to provide infrastructure, hospital, amenities, services, and transport facilities. We have maximum rules and laws under the name of woman's health by the Government, which no other branch of Medicine has, preventing Qualified Gynecologist to give services to woman's health whether it be antenatal care, delivery, surgeries, care, contraception. FOGSI may not assure members a trouble-free livelihood, but it owes every member an opportunity to make a living.

The Government should respect the force of 29,000 plus Gynecologist of India handling women's health, facing obstacles in terms of rules, press, and media.

Let us work together with fruitful discussion on issues and not use force or put the blame on us or Government, whoever is responsible.

We wish to increase the awareness of the care women can get, by reaching out to them in person through press and media.

We whole-heartedly support the 'Beti bachhao and beti ko padhao' movement by our Prime Minister.

#### True Wealth: Yuva Gynecologists

Finally, what is our true wealth—the youth of India (60–70%), the young gynecologists and obstetricians. We cannot prepare the future for our youth, but we can prepare our youth for the future and face any challenges. Let us leave a legacy for them, which allows them to grow, achieve skill, knowledge, and responsibility.

A true leader works to create more leaders than followers.

They should have a feeling in their hearts that they could not have got better organization than FOGSI who can fulfill the dream in their eyes by the character and fabric we leave for better tomorrow.

Sometimes we feel that there is a similarity between a boat and a President. To many, a boat looks great when parked at the harbor and the President looks perfect when he/she is on the dais or in office. But the boat and the President are not designed for this purpose, both have to cross the ocean facing difficulties and obstacles for the persons they are designed to carry to the destination.

So let us, rise ....one and all.... Rise to the occasion as a sole mark of commitment toward women's health. Long Live FOGSI! Jai Hind.



THANK YOU