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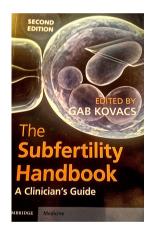
BOOK REVIEW

## Gab Kovacs, The Subfertility Handbook: A Clinician's Guide

2nd Edition, Cambridge University Press, UK, 2010; Paperback; ISBN: 9780521147842

Seidman Daniel

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This, the second edition of The Subfertility handbook: A Clinician's Guide has been published 14 years after the First Edition that had appeared in print in 1997. This new edition takes an international view, with contributions from experts from around the world. The fully revised and updated second edition of this practical handbook provides comprehensive coverage of all the aspects of subfertility, including treatment and diagnosis. A recognized world expert in the field writes each chapter and, together, they aim to provide the state-of-the-art answers to all the problems of subfertility in a single volume. The

Seidman D. (⊠), Associate Professor Department of Gynecology and Obstetrics, Sheba Medical Center, Tel-Hashomer 52621, Israel e-mail: seidman@012.net.il introductory chapter provides a flow-chart approach to systematic diagnosis and treatment. Clearly written and easy to read, the subsequent chapters describe what questions to ask, how to investigate, and what each treatment requires. With an expanded international team of authors, this new edition also offers new chapters devoted to the third-party reproduction and in vitro maturation of oocytes.

The 19 distinct chapters of the book deal with every aspect of Subfertility. The book begins with an in-depth analysis of diagnostic techniques and investigation of the male and female partners. Several treatment options for anovulation with polycystic ovary syndrome (PCOS) are reviewed in detail. The handbook also discusses early pregnancy losses as well as diagnostic and therapeutic options for endometriosis. An overview is also provided on the indications and outcomes of IVM, especially in PCOS. Reconstructive Surgery in the female, Egg Donation, Laboratory techniques in IVF as well as Infertility Counseling are covered.

Despite the handbook's small size, the book does not just skim through these topics; instead, it takes a deeper look at issues and concerns and examines them as a reader would. These topics will bring you in touch with current advances. Each chapter is supported by an up-to-date list of references, and the comprehensive index at the end of the book covers all the key words used in the book.

This paperback edition offers clear guidance and plan for those starting in the field, who need a template if they are to acquire good habits of clinical practice and data gathering. The book can be highly recommended to newcomers as a clear guide to practice and knowledge. From medical students studying for examinations to consultant physicians, this volume is a "must-have" reference for anyone dealing with couples who have fertility problems. Each chapter has a practical focus, providing a quick and accessible reference for the busy clinician. I would strongly recommend this handbook for the busy practicing gynecologist.