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## INVITED BOOK REVIEW

## **Intrauterine Insemination**

Jaypee Brothers Medical Publishers (P) Ltd, New Delhi, India, 2014, 3rd ed., 562 pp, Hardcover, ISBN: 978-93-5090-403-9

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## **About the Reviewer**



Mete Isikoglu obtained his medical degree in 1994 from Gulhane Medical School and had OB&GYN specialty training between 1996 and 2002 at Istanbul Medical Faculty. His current position is consultant IVF practitioner in Gelecek The Center For Human Reproduction/Antalya, Turkey. He has been in scientific committee of World Association of Reproductive Medicine (WARM), and he is a member of Antalya Chamber of Medicine, Turkish Society of Gynecology and Obstetrics, ESHRE and Preimplantation Genetic Diagnosis International Society (PGDIS). He is also the national representative in European IVF Monitoring Consortium. He has many international and national publications and presentations. Also he has given several international conferences and contributed nearly 15 textbook chapters. He acts as a peer reviewer for Fertility Sterility, European Journal of Obstetrics Gynecology and Reproductive Biology, Reproductive Biomedicine

Online, Journal of Assisted Reproduction and Genetics, International Journal of Fertility and Sterility, and Turkish Journal of Obstetrics and Gynecology. He is especially interested in endoscopic surgery and holds the Bachelor in Endoscopy certificate given by European Academy of Gynaecological Surgery

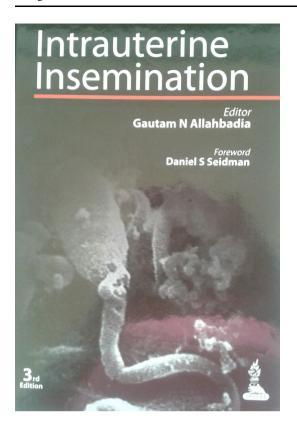
This contemporary, easy-to-read, comprehensible and easy-to-carry medium-sized textbook titled "Intrauterine Insemination" is published in its third edition in 2014. Although there are numerious textbooks on in vitro fertilization, this is one of the few particularly focusing entirely on insemination. More than eighty professionals from all over the world who are highly qualified experts in the field are gathered together to contribute this excellent textbook. Reaching the third edition proves that it responds the needs

of the practitioners. The book provides a good guidance for the management of an insemination process. The scope of the book covers every aspects of the insemination process including patient selection, clinical and laboratory assessment, various ovulation induction agents and protocols, semen preparation techniques, insemination techniques, and complications. Furthermore, some relevant issues which are not concerned frequently in the field such as "The role of nurse," "data management," and "the future of insemination" are also discussed.

The journey starts from the physiology of the sperm cells and goes on with patient selection, clinical setup, key points in successful management, details of each step of the insemination process, natural cycles, prevention of complications, role of ultrasound and doppler, luteal phase support, semen cryopreservation and semen banking, alternative methods, and finally the related regulations.

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This valuable textbook is a good source of reference, and it is a splendid theoretical and practical guide for the specialists of reproductive medicine, general OB&GYN specialists, the residents, and andrologists. As it supplies basic knowledge as well as clinical studies and specific information, it will definitely be beneficial for all levels and positions in the field including the laboratory technicians and medical students as well as nurses who are interested in assisted reproduction. So it should be in the bookshelf of all libraries.

The book is practice oriented. Besides, it provides a theoretical and practical training for those who lacks a formal training before. It is concise and written in a clear manner. Since intrauterine insemination is a cost-effective treatment modality which is considered as a first-line treatment in some areas, it is probably more attractive and useful for much higher number of practitioners compared with classical IVF textbooks. Compared with the previous editions, it is refreshed with the up-to-date data and theoretical information. This book worths not only to be tasted but also to be chewed, swallowed, and digested.

